

CLERMONT CREW SAFETY MANUAL RECEIPT

To be completed prior to participating in any rowing activities at Clermont Crew. Each individual must sign and return this form to the Safety Director. Coaches are responsible for ensuring all of their rowers and assistant coaches have returned signed forms or a similar acknowledgement in their organization's waiver.

I acknowledge that I have received a copy of the Clermont Crew Safety Manual, that I have read and fully understand it and that I will comply with it. Further I will proactively help make rowing safer by observing others in the club, by confronting any deviation from this manual and by suggesting improvements.

I understand that full compliance with the contents of this manual is a condition of my membership in the Clermont Crew and/or its tenant organizations and use of Clermont Crew facilities. If I do not follow this plan I expect to be sanctioned up to and including being banned from the Crew and property.

_____ I have completed the swimming proficiency test.

_____ I am presenting Red Cross intermediate or higher swim qualification.

_____ I certify that I meet the swimming proficiency standards (check only if over 18): tread water for 2 minutes, swim 100 meters and able to don a life jacket while treading water.

Signature: _____

Print Name: _____ Date: _____

Address: _____

Phone: _____ Email: _____

Parent or Guardian
signature if under 18: _____